

Summary of principles that attract and repel money/abundance (Source: Sanaya Roman, <http://orindaben.com>)

	Attracting Quality	Repelling Quality
1	Honouring your worth and time	Not honouring your worth and time
2	Giving and receiving freely	Not giving or being open to receive
3	Opening your heart	Closing your heart
4	Expecting the best to happen	Worrying that the worst will happen
5	Coming from your heart	Getting into power struggles
6	Doing your best	Cutting corners
7	Wanting everyone to succeed, cooperating	Competing
8	Focusing on how you can serve others	Thinking only of what others will give you
9	Telling yourself why you can succeed	Telling yourself why you can't succeed
10	Coming from your integrity	Compromising your values and ideals
11	Being aware and paying attention	Operating on automatic
12	Applauding other's success	Feeling threatened by other's success
13	Embracing your challenges	Choosing safety and comfort over growth
14	Releasing things easily	Hanging on to things
15	Believing it's never too late, taking actions on your dreams	Thinking it's too late, giving up
16	Giving yourself permission to be and do what you want	Waiting for others to give you permission
17	Believing your path is important	Not believing in your path
18	Doing what you love for your livelihood	Work only for the money
19	Detaching, surrendering to your highest good	Feeling needy or that you must have something
20	Giving to others prosperity	Giving to others need
21	Doing your higher purpose activities first	Putting off higher purpose activities until you have more time
22	Seeing yourself as the source of your abundance	Viewing others as the source of your abundance
23	Believing in abundance	Believing in scarcity
24	Believing in yourself, self confidence, self love	Worrying, fears, doubts, self criticism
25	Clear intent and directed will	Vague or undefined goals
26	Following your joy	Forcing yourself, creating have to's and should's
27	Surrounding yourself with objects that reflect your aliveness	Keeping objects that don't express your aliveness
28	Expressing gratitude and thanks	Feeling the world owes you
29	Trusting in your ability to create abundance	Worrying over finances
30	Following your inner guidance	Ignoring inner guidance
31	Looking for a winning solution for everyone	Not caring if the other person wins
32	Being your own authority	Not believing in your inner wisdom
33	Measuring abundance as fulfilling your purpose and happiness	Measuring abundance only by how much money you have
34	Enjoying the process as much as the goal	Doing things only for the goal
35	Clear agreements	Unspoken or vague expectations
36	Thinking of how far you have come	Focusing on how far you have to go
37	Speaking of abundance	Talking about problems and lack
38	Remembering past successes	Remembering past failures
39	Thinking in expanded unlimited ways	Thinking in limited ways
40	Thinking on how you will create money	Focusing on how you need money
41	Focusing on what you love and want	Focusing only on what you don't want
42	Allowing yourself to have	Feeling you don't deserve

Keep in mind:

Some people are motivated to make money because they think that having it will take away their problems and lessons. You cannot live on earth and avoid lessons; but you can learn them easily and with joy rather than struggle. Developing the qualities of inner wisdom and peace will help you see your problems as opportunities for growth, which will help you deal with them more easily than having money ever will.